



## 4/30/2009 1:37 PM General Public Bulletin #4

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**Summit County, Ohio-** As of April 30, 2009 Ohio has 1 confirmed case of swine influenza A (H1N1). At this time we are not reporting on suspect cases only confirmed cases. The health departments in Summit County are monitoring the situation within the guidelines established by the Ohio Department of Health (ODH) and the United States Centers for Disease Control and Prevention (CDC).

ODH Director Alvin Jackson is urging Ohioans to be alert to information about this new flu. In addition, the tried and true saying about washing hands and covering one's cough remains sound medical advice. There are everyday actions that can help prevent the spread of germs that cause respiratory illnesses like influenza. Take these everyday steps to protect your health:

- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you get sick with influenza, the CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.

Currently there are three swine influenza A (H1N1) hotlines available for the public to call:

Ohio Department of Health 1-866-800-1404 (staffed from 8:00 a.m. to 5:00 p.m.)

Akron Health Department 330-375-2876 (recorded message- 24 hours)

Summit County Health District 330-926-1801 (staffed from 8:00 a.m. to 4:00 p.m.)

If you have questions or concerns to please use a credible websites to locate information on swine influenza A (H1N1) such as [www.cdc.gov](http://www.cdc.gov) or [www.odh.ohio.gov](http://www.odh.ohio.gov). The hotlines are also available for continual and up to date information on the swine influenza A (H1N1)

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